



Quarterly News Letter - Issue XXVIII  
July, August, September 2019

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## Editorial

Dear Readers,  
Warm greetings to you from WARDS Special School News Desk. The year has started with new programs and activities in school for children. Both the staff and children are excited about the new programs and activities and we are hoping to increase our programs even more in the coming days.

## July

NEB sports organized the Bangalore 5K marathon on the 7<sup>th</sup> July 2019 at NICE road. The focus of the event was to provide a good experience to participants and encourage people to adapt a fit and healthy lifestyle. Our children Prasad, Sunil, Ganesh, Poovarasu, Jagadeesh, Ajith along with our faculty Mr. Kathirvel & Mr. Bhaskar participated and completed the marathon. All our children received the finishing medals.



A dental check up was held by a team of doctors from Small Bites which has exclusive dental care for children at WARDS Special School on 31<sup>st</sup> of July 2019. Dr. Premila Naidu BDS, MDS has worked with Fortis Hospital & Narayana Hrudayalaya Hospital and its chain of hospital dental clinic and various other centers across Bangalore. She is also American Heart Associates Certified, advance cardio-vascular life support provider. Small Bites believes in making kids dentistry fun.



members from UST Global also were a part of our celebration. The day ended with snacks distribution.

## August

WARDS vocational team attended the sales day 'Meena Bazaar' organized by Ladies club, Raksha at the Veteran's Hall in Indiranagar, Bangalore and showcased our products on the 3<sup>rd</sup> of August 2019.



Friends from Bramhakumari visited WARDS and celebrated Rakhsbandhan with our children on the 16<sup>th</sup> of August 2019.



We celebrated our 73<sup>rd</sup> Independence Day at WARDS on the 15<sup>th</sup> of August 2019. Mr. Aravind Gopinath, Program Manager, UST Global, Bangalore was our Chief Guest. Our children had practiced tirelessly for the Independence Day celebration and excellently performed the March past & aerobics along with their concerned teachers. Sports was conducted for both children and teachers and prizes were given away by Mr. Aravind Gopinath, Mr. L N Hegde & Mrs. Aruna Murugan. A few other

Supportive seats for our special needs children were ordered from Mobility India for the following below reasons:

1. It helps the child sit in a good position which creates opportunity to explore and develop in other areas eg. Fine motor, social etc.
2. It helps to reduce spasticity by weight bearing and breaking up extensor patterns of tone.



3. It helps in maintaining alignment and preventing muscle contractures and deformities.
4. It also facilitates postural control which is essential for sitting balance.
5. It encourages in feeding and helps digestion.
6. It improves breathing.

It encourages arm function and encourages play.



Children from WARDS participated in the Airtel Hyderabad Marathon powered by Hyderabad runners on the 24<sup>th</sup> & 25<sup>th</sup> of August 2019 along with our staff Mr. Kathirvel & Mr. Nagarjuna Reddy. Children were awarded finisher medals.



CGI, an IT company, is among the largest independent IT and business consulting services firms in the world. CGI came forward with its annual Dream Connectors Program to help WARDS.

WARDS was referred by Mr. Nithin Shanbhag, Director at CGI. As part of this program the CGI team funded for setting up of digital skills lab, Training for staff and children in collaboration with an institution that specializes in training intellectually challenged students, Solar Power backup for the lab, the digitization of WARDS' processes and infrastructure, and transportation facility for children at WARDS.

Mr. George Mattackal SBU President Asia Pacific Global Delivery Centers of Excellence inaugurated the "Digital Skills Lab" on the 30<sup>th</sup> of August 2019. Mr. Sudhir Subraman BU Lead & Sr Vice President, Ms. Jennifer Mecheripaddy BU Lead & Sr Vice President, Mr. Rajesh Nair, Vice President CGI and the CGI team that worked on the digitalization of WARDS processes and other CGI employees were also a part of inauguration. The senior CGI management team & their employees were felicitated by the WARDS management.



## September

"A teacher is one who helps others and influences lives forever"-Catherine Pulsifer. Teachers Day was celebrated on the 5th of September 2019. Dr. Narayana Murthy & Mrs. Sudha Murthy were our guests for the function as every year. Our children sang songs and performed a dance which they had practiced with so much love. Teachers were given gifts on teacher's day.



We had a memorial service on the 12<sup>th</sup> of September 2019 as it marked the 1<sup>st</sup> death anniversary of our Founder Late Mr. C M Kathavarayan at WARDS School premises. A special lunch was organized for everybody who attended this.



Our children participated in "Splash" - a sit and draw activity for Children who are differently abled from all sections of society hosted by Secure Giving in aid of Concern India Foundation along with our faculty Ms. Shanta Pujar & Mr. Sai Kumar on the 20<sup>th</sup> of September 2019 at Cubbon Park, Bangalore.

This initiative was to foster and inspire their artistic ability and interest by giving them the space to express themselves creatively in an activity.





## New Programs & Activities

We currently have 12 programs at WARDS. Some of the programs we recently started are given below:

### Kickstart (Early Intervention)

Kickstart is a center for beginner children. It is a program where children are trained in all the areas like sitting tolerance, visual focus, motor activities, social skills, communication, academics and ADL'S etc before they are moved to a class room for group therapy.



### Individual session

In the individual session attention is given to one child in academics and non - academics depending on the need of the child. For academics children they are being assessed and trained for NIOS in future.



## Homebound Program

We have restarted our homebound program. The children who are not able to come to school and are severely challenged are in our homebound program. Our teachers visit them in their homes and provide them activities and therapies depending on their needs.

## Computer Centre

Our Staff Mr. Bhaskar and two of our children Manikanta and Nagaveni were trained at Amba computer centre who are specialized in training special needs children. Now the computer centre has started and 20 of our children are regularly training in it.



## Counseling for parents

We are concerned about the wellness of our parents whose children are in our program. We regularly meet with them to understand and basically to empower parents in facing the challenges of their children.

Morning assembly has two groups independent and dependent. The independent group has children who do not need help and dependent group has children who need help from teachers. The various things they do during the prayer time in the week are pledge, facts of life, story, news and

aerobics. Children have begun to enjoy all these new activities started this year.

The children are back to school from Dussera vacations and we are very busy with the exhibitions and sales for diwali this month. We thank each of you for your support and seek the same for the future. Wishing you a very Happy Diwali.

Thanking You

WARDS Special School News Desk